#### ONLINE JSJ BASIC CLASS WED-SUN FEB 28 - MARCH 3, 2024

Instructor: Sara Harper

\*Organizer: Debi Rappaport calmtouch@gmail.com 541-973-5779

\*Contact Debi (Organizer) with your questions or comments about this class\*

Wednesday, February 28 thru Sunday, March 3, 2024

10AM - 6:30PM EST DAILY

Daily Schedule: (Times Posted are NY)

10 AM-11:30 AM (15min break) 11:45AM - 1 PM

\*\*\*2 hr break\*\*\*

3 PM 4:30 PM(15min break) 4:45 PM - 6:30 PM

Click Link Below for a TIME Conversion Chart https://www.timeanddate.com/worldclock/converter.html

EARLY BIRD RATES: \*EB NEW: 882.00 - EB REVIEW: 617.00 till Jan. 30th

**STANDARD RATE:** \*NEW: 980.00 - REVIEW: 686.00

# CONTINUING EDUCATION CREDITS ARE AVAILABLE FOR: (MUST ATTEND CLASS AS AN ACTIVE PARTICIPANT TO OBTAIN CE'S)

- 35 Massage CE Hours via NCBTMB.
- 35 Acupuncture CE Hours via NCCAOM.
- 35 Acupuncture CE Hours via the CA Board of Acupuncture.
- 30 Nursing CE Hours: Provider Jin Shin Jyutsu, INC, CEP#12032, approved by the California Board of Registered Nursing, for 30 contact hours.

IMPORTANT: Class organizer must know at the time you sign up for class if you are interested in receiving CE credits.

<sup>\*</sup>last half hour of each day will be for Q n A of the days subjects.

#### **TEXTBOOKS 1 & 2 FOR NEW STUDENTS**

\*NOTE; NEW STUDENTS MUST CONTACT ORGANIZER AT TIME OF REGISTRATION FOR DETAILS ON HOW TO PURCHASE REQUIRED CLASS TEXTBOOKS 1 & 2

Mary Burmeister Textbooks 1 and 2 are required learning and practice material. *They are not included in the course price and must be bought separately.* 

You can choose:

#### A PRINTED SET OF TEXTBOOKS

OR

# An ELECTRONIC SET OF TEXTBOOKS

The seminar consists of two parts that includes lectures and hands-on application demonstrations students can follow along with on zoom presentations.

THE BASIC SEMINAR IS THE FOUNDATIONAL COURSE FOR EVERYONE AND FOR THOSE WHO WANT TO BECOME PRACTITIONERS OF THE ART, AS WELL AS CONTINUE WORKING ON THEMSELVES.

#### PART 1

# 21 hour class of studying:

- The Jin Shin Jyutsu history, philosophy, terminology
- The 26 energy areas (safety energy locks)

- The various energetic layers and frequencies of vital life force: the Depths
- The three vital harmonizing energy flows: The Main Central Flow, the Supervisor Flow, the Mediator Flow
  - How to recharge the rundown "life-battery"
  - Balance mental/emotional state: the Attitudes
  - Practice of self-help and applying to others.
  - Pulse listening and assessment

#### PART 2

### 14 hour class of studying: (prerequisite: Part 1)

- The 12 organ body function circulation pathways
- The elements and their relationships
- Pulse listening and assessment (cont.)
- Special sequences applications: Special Body Functions
- Practice self-help and applying to others.

#### A Certificate of Attendance is issued after one Basic Seminar

#### THREE-TIME BASIC SEMINAR CERTIFICATE

Upon completion of three Basic Seminars taught by authorized instructors of the Mary Burmeister Jin Shin Jyutsu Institute and the Jin Shin Jyutsu Spirit Mind Body faculty, a second certificate is issued, confirming that 105 hours of class time have been attended. Our Jin Shin Jyutsu **Online** Basic Seminar classes are not able to offer the hands-on component provided in the in-person classes. Therefore, in order to receive the Three Time Certificate at least one of the three Basic Seminars needs to be in person which includes the hands-on component. Or, the student needs to attend a Special Topic Class in which the main focus is the Jin Shin Jyutsu practical component including body reading, pulse listening, demonstration and hands-on practice.

For those students considering practicing Jin Shin Jyutsu professionally, attendance of a minimum of three Basic Seminars is required. We suggest spreading these classes over at least 18 months of study and practice.

## JIN SHIN JYUTSU PRACTITIONER

You can refer to yourself as a Jin Shin Jyutsu® Practitioner if you have attended at least three Basic Seminars and are willing to honor and follow the Jin Shin Jyutsu <u>Code of Ethics</u>. At this stage a student has usually gained a basic awareness and understanding that Jin Shin Jyutsu is a lifetime of study that is just beginning.

Please check with your local regulatory authorities regarding the legality for practicing Jin Shin Jyutsu professionally in your area.

#### REFUND/CANCELLATION POLICY:

No Refund for Online Classes